### Appendix 1

# Tackling rural isolation and lonenliess (including rural transport)

| Organisation                      | Project brief  | Grant<br>requested<br>2025-26 | Grant<br>requested<br>2026-27 | Grant<br>requested<br>2027-28 |
|-----------------------------------|--|-------------------------------|-------------------------------|-------------------------------|
| Home-Start<br>Essex               | Trained volunteer family support mentors will<br>provide one to one support to 10 vulnerable and<br>isolated families through a home visiting<br>programme. Each Uttlesford family supported<br>through the service will be allocated a designated<br>family support co-ordinator  | £14,630.68                    | £15,151.84                    | £ 15,693.84                   |
| Mind in West<br>Essex             | Befriending Volunteers will be recruited to support<br>people who are feeling lonely or isolated. This<br>project will provide a volunteer who will regularly<br>chat, walk or join in with a hobbies to assist<br>individuals across Uttlesford from feeling lonely<br>and isolated.  | £19,366.00                    | £20,006                       | £ 20,259.00                   |
| TouchPoint                        | Funding will be used to support the Community<br>Hub and Foodshare Outreach project. This<br>growing portfolio of projects is proving to be very<br>successful at drawing in those in our community<br>who might otherwise be hard to reach, or who<br>may have lacked the confidence to participate.<br>Services are taken into villages and support<br>those who may be rurally isolated   | £10,596.00                    | £10,779.24                    | £ 10,988.48                   |
| CraftAbility                      | CraftAbility provide free creative activities in a<br>pleasant and caring environment for the benefit &<br>enjoyment of Uttlesford residents living with<br>physical difficulties or social isolation. Member's<br>twice weekly visits to the Centre foster important<br>social network opportunities for individuals would<br>might otherwise be confined at home. The<br>funding would be used to transport members<br>from across the district to the venue in Thaxted. | £3,000.00                     | £3,000                        | £ 3,000.00                    |
| Uttlesford<br>Community<br>Travel | To provide a reliable, safe and affordable<br>community bus service, with an achievable fare<br>structure meeting the needs of the over 60's,<br>disabled, rurally isolated across the area. Aiming<br>to reduce loneliness and isolation across the<br>district, ensuing that residents are able to access<br>their local communities and remain independent<br>for as long as possible.  | £35,000.00                    | £35,000                       | £ 35,000.00                   |
|                                   |  | £82,592.68                    | £83.937.08                    | £ 84,941.32                   |

### Healthy, resilient and active communities

| Organisation | Project brief   | Grant<br>requested<br>2025-26 | Grant<br>requested<br>2026-27 | Grant<br>requested<br>2027-28 |
|--------------|---|-------------------------------|-------------------------------|-------------------------------|
| Accuro       | The Adult Friendship scheme provides social and<br>leisure opportunities for adults with disabilities.<br>Group activities are arranged bi-weekly, 12<br>months per annum and activity programmes are<br>developed based on feedback from beneficiaries<br>telling what they want and don't want to do. This<br>includes meals out, cinema/bowling, golf trips,<br>discos, themed nights, bingo, crafts, quiz nights<br>and much more | £10,000.00                    | £10,000                       | £ 10,000.00                   |

| Home-Start<br>Essex     | Family Fitness and Fun is a new and previously<br>unfunded weekly activity. It's designed to bridge<br>the gap by providing accessible and fun physical<br>activities each week to improve families physical<br>and mental health together. By integrating fitness<br>activities with educational components on<br>nutrition, wellbeing and healthy habits the project<br>will empower families to make informed choices<br>that benefit their overall health. Sessions are<br>designed to be inclusive accommodating various<br>fitness levels and tailored to meet the unique<br>needs of participating families; sessions will be<br>fun and incorporate interactive ways for parents<br>and children to exercise together, eliminating the<br>need for separate childcare provision. | £12,778.03 | £13,198.92 | £ 13,635.94 |
|-------------------------|--|------------|------------|-------------|
| Support 4 Sight         | The organisation support blind and visually<br>impaired people in Uttlesford. Many are affected<br>by sight loss in later life so they inherently<br>supporting the Uttlesford's older residents.<br>Funding will be used to organise regular coffee<br>mornings to offer safe socialising opportunities,<br>enable peer support and provide access to a<br>suite of information, equipment, advice, guidance<br>and support services in Saffron Walden and<br>Takeley   | £6,759.00  | £7,088     | £ 7,442.00  |
| TouchPoint              | TouchPoint is a community well-being project<br>whose mission is to provide a positive social<br>impact. They build community connections and<br>promote a sense of belonging, identifying hidden<br>needs and removing barriers to engagement.<br>With 170 volunteers guided by a small team of<br>paid part time staff in mission critical roles,<br>working with key local partners, who directly<br>impact more than 2,000 people a week across<br>the district. Funding will be used to support<br>further support the Community Hub and<br>Foodshare Outreach project across the district.   | £23,271.60 | £23,731.68 | £ 24,163.80 |
| St Clare<br>Hospice     | St Clare Hospice is a UK registered charity<br>providing specialist palliative care for people with<br>terminal and life-limiting illness. The organisation<br>support residents of West Essex & East Herts.<br>Approximately 25% of the beneficiaries are<br>residents of Uttlesford. The funding would<br>support the Compassionate Neighbours' project.<br>Compassionate neighbours are trained<br>volunteers who provide 1:1 friendship and<br>practical and emotional support to sick and frail<br>people in their own communities. Compassionate<br>Neighbours also help these very vulnerable<br>people to integrate with other support networks,<br>further reducing isolation and vulnerability.  | £3,500.00  | £3,500     | £ 3,500.00  |
| Uttlesford Buffy<br>Bus | Buffy Play bus is a mobile playgroup that visits<br>15 different rural and isolated urban communities<br>within Uttlesford each week. The specially<br>converted double-decker bus provides pre-school<br>children and their carers with opportunities to<br>paint, play, and socialise in a safe and stimulating<br>environment, thereby reducing social isolation<br>and fostering community connections. The<br>funding will be used to carry out Buffy's existing<br>activities.   | £5,000.00  | £5,000     | £ 5,000.00  |

|                 |  | £66,058.63 | £67,506.60 | £          | 69,078.74 |
|-----------------|--|------------|------------|------------|-----------|
|                 |  |            |            |            |           |
|                 |  |            |            |            |           |
|                 | friendships to be formed.  |            |            |            |           |
|                 | an opportunity for support networks and  |            |            |            |           |
|                 | are living with the complex condition and provides   |            |            |            |           |
|                 | their family members or carers, to meet other who  |            |            |            |           |
|                 | newly established dementia cafe which offers an opportunity for individuals with dementia, and |            |            |            |           |
|                 | up over a coffee and cake and Memory Lane -  |            |            |            |           |
|                 | to work on individuals handicrafts, whilst catching  |            |            |            |           |
|                 | Monday group, this will take place once a week,  |            |            |            |           |
|                 | initiated by connections made at Meet Up   |            |            |            |           |
|                 | session with free refreshments. Knit and Knatter -   |            |            |            |           |
| CIC             | Up Monday social group - a relaxed weekly chatty   |            |            | <b> </b> ~ | -,        |
| Enterprise East | Funding will deliver three groups activities, Meet-  | £4,750,00  | £4.988     | £          | 5.337.00  |

## Youth

| Organisation                | Project brief   | Grant<br>requested<br>2025-26 | Grant<br>requested<br>2026-27 | Grant<br>requested<br>2027-28 |
|-----------------------------|---|-------------------------------|-------------------------------|-------------------------------|
| Accuro                      | Accuro provides a wide range of social and life<br>skills based activities for 51 children and young<br>people in Uttlesford the funding will be used for a<br>range of activities Saturday Play Club, 2<br>sessions, 9.30am - 12.30pm and 1pm - 4pm,<br>weekly during term time. Under 19's youth club -<br>Mondays 6.15pm - 8.15pm in Saffron Walden<br>and Wednesdays 6.15 - 8.15pm in Great<br>Dunmow, bi-weekly during term time. Uttlesford<br>Holiday Club providing a wide range of fun<br>activities for small group during the school<br>holidays. 19's - 25's Friendship scheme - social<br>opportunities in Saffron Walden and Dunmow - bi<br>weekly and Stride - six month life skills<br>programmerun across Uttlesford including<br>Saffron Walden, Stanatsed and Dunmow.            | £20,000.00                    | £20,000                       | £ 20,000.00                   |
| Action for Family<br>Carers | Funding is requested to run a respite youth club<br>in Stansted for young carers aged 8 - 16. Each<br>Club runs in the evenings during termtime and is<br>led by an experienced Club Lead Worker,<br>supported by a Club Night Assistant and<br>volunteers. Young Carers can get a break from<br>caring in a safe environment, get the chance to<br>be children and have fun and meet other young<br>carers with shared experiences and<br>understanding.   | £5,000.00                     | £5,000                        | £ 5,000.00                    |
| Home-Start<br>Essex         | The funding will provide a weekly Uttlesford<br>Family Group which is an expansion of our<br>previous work, families are invited to attend each<br>week for a period of 6 months. It incorporates a<br>critical new aspect, an increase in provision,<br>which is dedicated behaviour parenting sessions<br>to support parents/caregivers with their children's<br>behaviour. This new element will be delivered<br>each term by a trained volunteer and will enable<br>us to offer targeted assistance to families<br>equipping them with the strategies to understand<br>and manage their child(ren)s behaviour<br>effectively. It will also provide a supportive and<br>peer learning environment for families to share<br>their experiences and learn from others facing<br>similar challenges. | £12,108.31                    | £12,538.23                    | £ 12,985.36                   |

| Saffron Walden<br>Town Council | This will fund youth provision within Saffron<br>Walden and is pound for pound matched funded<br>by the SWTC. Saffron Walden Youth Outreach<br>Project provide a free youth club two nights per<br>week. In addition, they regularly provide focused<br>outreach work in the community. Funding will<br>also be allocated to support other youth activities,<br>such as creative writing, school holiday activities,<br>beach on the common and Christmas events, all<br>of which are provided free of charge to the<br>community. | £10,000.00 | £10,000 | £ 10,000.00 |
|--------------------------------|--|------------|---------|-------------|
| Stansted Parish<br>Council     | Stansted Parish Council will provide pound for<br>pound matched funding to employ Fairycroft<br>House CIC to provide three youth club sessions<br>per week during term time for young people aged<br>13 - 19 (or up to 25 with additional need) in<br>Stansted.  | £8,000.00  | £9,000  | £ 10,000.00 |
| The Offshoot<br>Foundation     | To provide a four day long workshop led by<br>industry professionals. The young people would<br>be supported to devise, film, and edit their films<br>based on their own interests. The project can<br>support up to 30 young people on each workshop<br>aged 10 - 18 in Saffron Walden.   | £4,779.00  | £5,018  | £ 5,269.00  |
| Great Dunmow<br>Town Council   | Great Dunmow Town Council provide pound for<br>pound matched funding to engage the services of<br>the Old Skool Youth Club to provide weekly youth<br>activities for young people living in and around<br>Great Dunmow.  | £5,000.00  | £5,000  | £ 5,000.00  |
| Enterprise East<br>CIC         | Funding is required to support The Youth<br>Empowerment Network project which is an open-<br>access youth club for 11 - 25 year olds to relax,<br>socilaise and engage in activities that promote<br>safety, confidence and community connection in<br>Saffron Walden  | £8,850.00  | £9,293  | £ 9,757.00  |
|                                |  | £73,737.31 | £75,849 | £ 78,011.36 |

#### Grants received and not assessed

| Organisation                      | Project brief  | Grant<br>requested<br>2025-26 | Grant<br>requested<br>2026-27 | Grant<br>requested<br>2027-28 | Reason for non progression  |
|-----------------------------------|--|-------------------------------|-------------------------------|-------------------------------|---|
| Dig-It Allotment<br>Association   | Following the successful pilot in 2024 of new<br>Breaking Ground Project there is now a need to<br>fund regular weekly sessions in for<br>refugees/asylum seekers living in a large local<br>housing facility. This project provides refugees<br>and asylum seekers with the ability to rebuild their<br>lives, help integrate into them into the local<br>community and reduce isolation by providing<br>personalised outdoor growing activities, support<br>and mentorship, and workshops. Costs include<br>transport from their place of residence to the<br>allotment and additional equipment | £4,656.00                     | £4,565                        | £ 4,565.00                    | Support through the<br>Asylum Dispersal<br>Scheme   |
| Newport<br>Fireworks<br>Committee | Costs to support the yearly fireworks display in<br>Newport  | Up to<br>£5,000               | Up to<br>£5,000               | Up to £5,000                  | Out of scope and could<br>not provide all necessary<br>documentation. Officer<br>spoke with the<br>organisation and will<br>assist with helping<br>identfying alternative<br>sources of funding |

| Saffron Walden<br>Area Pickleball<br>Club  | Line painting of the court at the Anglia Leisure<br>Newport Sports Hall   | £740.00   | Out of scope. One off<br>fund. Officer spoke with<br>the group and will assist<br>with identifying<br>alternative sources of<br>funding. |
|--|---|-----------|--|
| Takeley Parish<br>Council                  | Purchase and install basket accessible swing  | £4,700.00 | Out of scope. One off<br>fund. Officer spoke with<br>the group and will assist<br>with identifying<br>alternative sources of<br>funding. |
| Maldon Council<br>for Voluntary<br>Servies | Piolit project to deliver a series of farmer-focused<br>social events and activities to strengthen<br>resilience within the farming community, with a<br>core focus on suicide prevention and mental<br>health support. As farming communities face<br>significant mental health challenges due to<br>isolation, economic uncertainty, and barriers to<br>accessing support, this work will promote<br>wellbeing and reducing the risk of crisis. | £5,000    | Out of scope. One off<br>fund. Officer spoke with<br>the organisation and will<br>pointed them to<br>alternative sources of<br>funding.  |