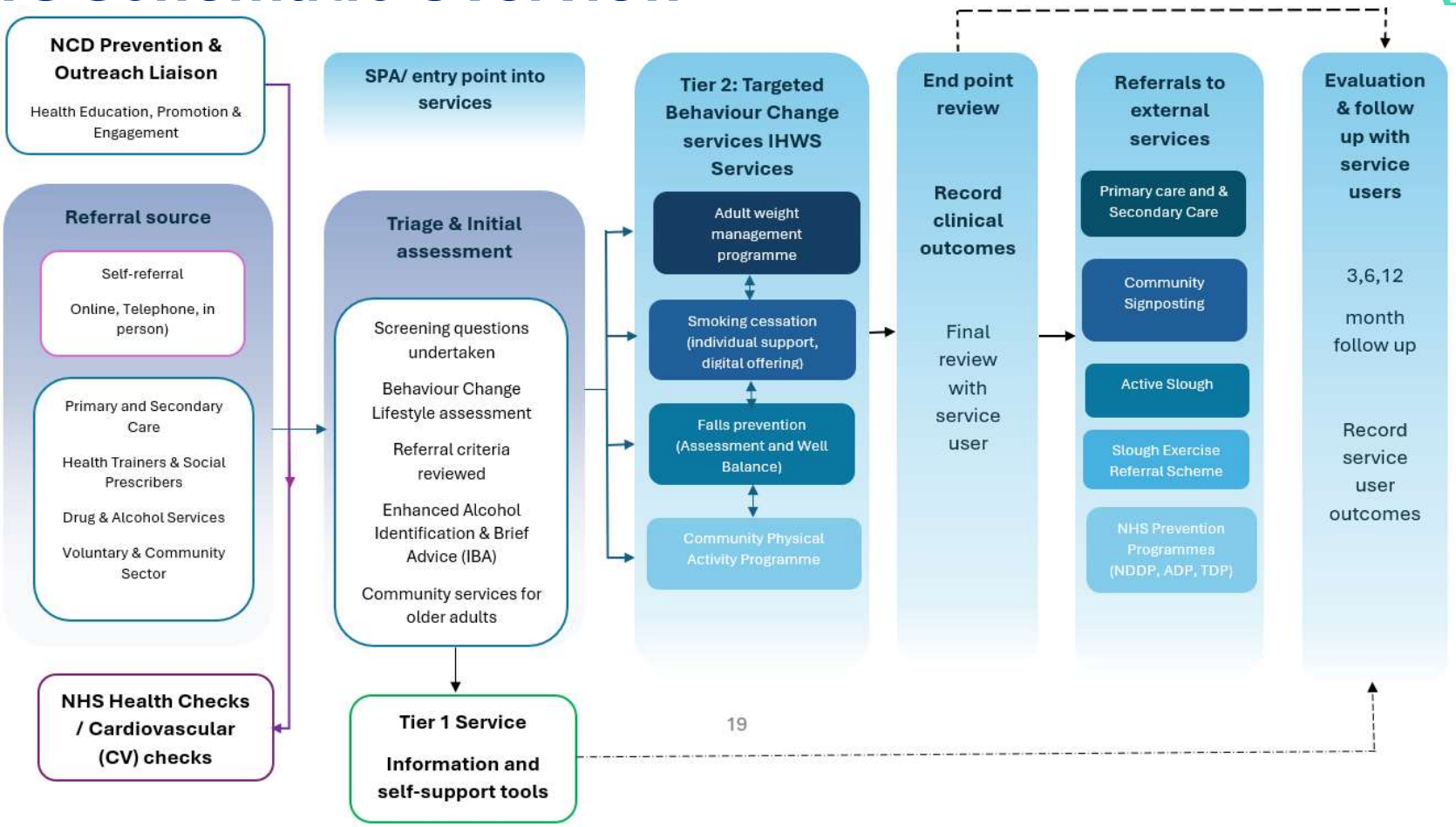
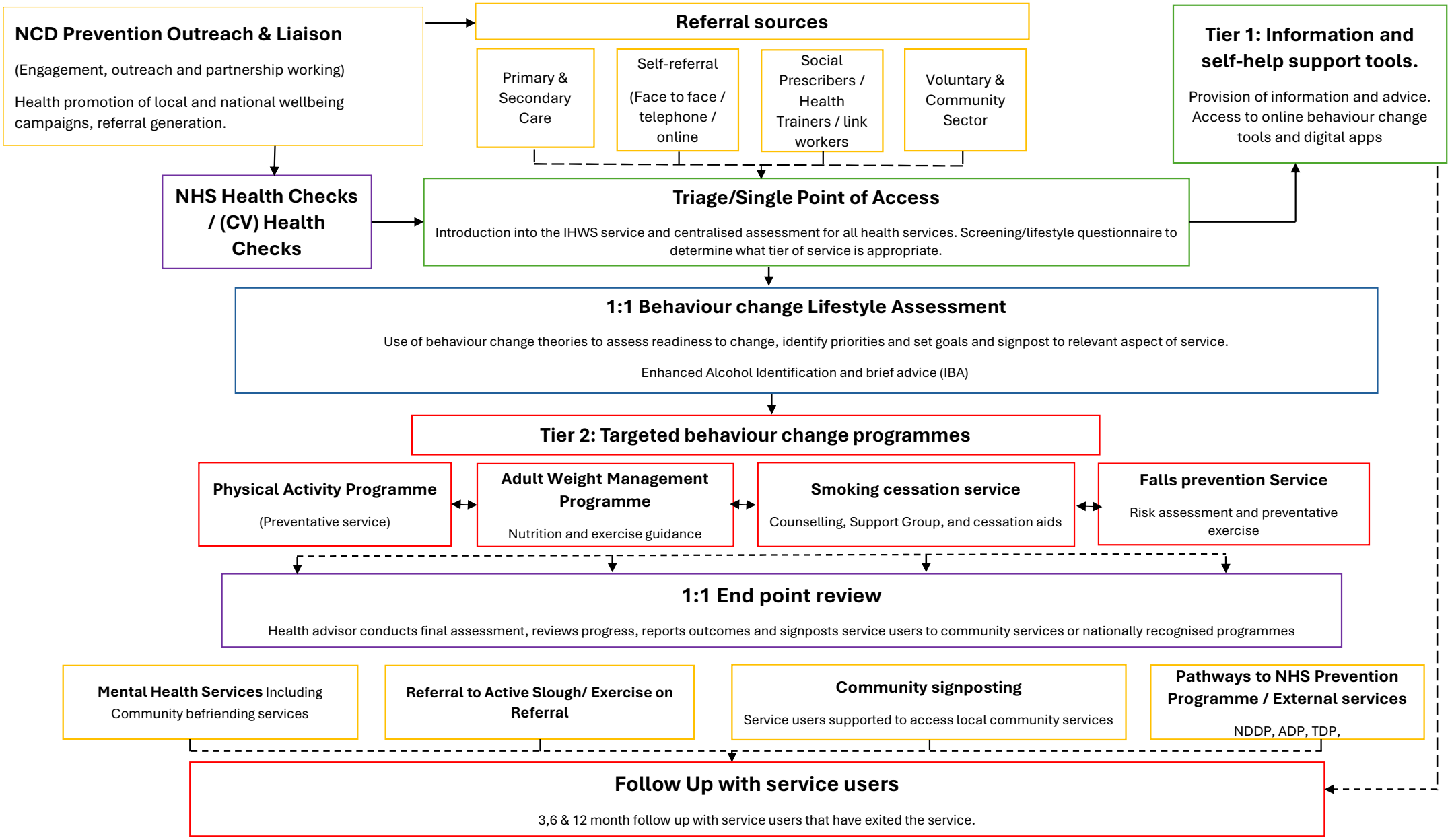
Public Health
Slough Borough Council

IHWS Service Model

www.slough.gov.uk
Slough
Borough Council

IHWS Schematic Overview




NCD Prevention Outreach & Liaison
(Engagement, outreach and partnership working)
Health promotion of local and national wellbeing campaigns, referral generation.
Referral sources
Primary & Secondary Care
Self-referral
(Face to face / telephone / online
Social Prescribers / Health Trainers / link workers
Voluntary & Community Sector
Tier 1: Information and self-help support tools.
Provision of information and advice. Access to online behaviour change tools and digital apps
NHS Health Checks / (CV) Health Checks
Triage/Single Point of Access
Introduction into the IHWS service and centralised assessment for all health services. Screening/lifestyle questionnaire to determine what tier of service is appropriate.
1:1 Behaviour change Lifestyle Assessment
Use of behaviour change theories to assess readiness to change, identify priorities and set goals and signpost to relevant aspect of service.
Enhanced Alcohol Identification and brief advice (IBA)
Tier 2: Targeted behaviour change programmes
Physical Activity Programme
(Preventative service)
Adult Weight Management Programme
Nutrition and exercise guidance
Smoking cessation service
Counselling, Support Group, and cessation aids
Falls prevention Service
Risk assessment and preventative exercise
1:1 End point review
Health advisor conducts final assessment, reviews progress, reports outcomes and signposts service users to community services or nationally recognised programmes
Mental Health Services Including Community befriending services
Referral to Active Slough/ Exercise on Referral
Community signposting
Service users supported to access local community services
Pathways to NHS Prevention Programme / External services
NDDP, ADP, TDP,
Follow Up with service users
3,6 & 12 month follow up with service users that have exited the service.