

Scrutiny Board:	Health and Adult Social Care Scrutiny Board
Report Title	Referral Pathways for Attention Deficit Hyperactivity Disorder (ADHD) and Autism.
Date of Meeting	Monday 23 February 2026
Report Author	Laura Brookes
Lead Officer	Associate Director Partnerships (Black Country Healthcare NHS Foundation Trust)
Wards Affected	All Wards
Identify exempt information and exemption category	Not Applicable
Appendices (if any)	1. Children and Adolescent Mental Health Services (CAMHS) reverting to service specification Report.

1. Executive Summary

- 1.1 This report outlines the rationale for recommending that Black Country Healthcare NHS Foundation Trust (BCHFT) return to its original service specification for Children and Adolescent Mental Health Services (CAMHS). Under this approach, referrals for attention deficit hyperactivity disorder (ADHD) and Autism (neurodevelopmental referrals) would only be accepted where there are co-existing mental health symptoms.

2. Recommendation

- 2.1 The Health Scrutiny Board is recommended to provide feedback on the proposal outlined on this paper and an opinion from the Board on the substantiality of the changes.

3. Background and Context

- 3.1 Please see attached Appendix to this report.