

## Health and Adult Social Care Scrutiny Board

Suggestion	Commentary/Additional Information
<p><b>Social Prescribing and Wellbeing Inequalities</b> How can we use SP and Complementary &amp; alternative medicine/therapies to create conditions for community-driven transformation of Health Care?</p>	<p>Libraries and museums offer a wide range of events and activities to support health and wellbeing and are well placed to signpost people to other groups, events or activities to support them</p>
<p><b>Dementia Friendly Borough</b> Analysis of what actions are needed to make Sandwell a Dementia Friendly Borough.</p>	<p><b>Adult Social Care</b> Our commitment:</p> <p>We know that dementia is a condition that still carries a great deal of stigma and fear. This can often prevent people from seeking the help and advice they need. It is a condition that is affecting more and more people each year. With access to the right support, treatment and care, people can live well with dementia.</p> <p>We want Sandwell to become a ‘Dementia Friendly Community’ and we remain committed to the vision to support people living with dementia and their carers along the whole dementia pathway, from prevention to end of life care and support. The national vision established in 2013 was <i>“to create a society where every person with dementia...from all backgrounds, walks of life and all parts of the country...receive high quality, compassionate care from diagnosis through to end of life care. This applies to all care settings, whether home, hospital or care home.”</i></p> <p>One of our key local ambitions is to create the right environment to build dementia friendly communities in partnership with local people of all ages. The aim is for people to be better informed about dementia, to be helped and ready to act through lifestyle changes, reducing their personal risk of developing the condition.</p> <p>Our actions:</p>

- Regular 'Virtual Reality Dementia Bus' sessions organised in Sandwell to raise awareness amongst our health and care professionals and leaders how people living with dementia, and their family and carers, experience the condition. 34 people attended the sessions in 2023/24.
- In November 2023 we held a dementia workshop for Cabinet and Senior Managers. The purpose of the workshop was to:
  - Explore the different National Agendas: Dementia Friendly Communities, Health Aging and Compassionate Communities
  - Explore the challenges facing Sandwell up to 2033 regarding dementia.
  - Explore the different tool kits available to Sandwell to become Dementia Friendly
- Our annual commitments to establishing dementia friendly communities include:
  - Delivering annual dementia awareness-raising sessions in each of the six towns.
  - Four awareness raising sessions held annually in Sandwell schools and colleges for pupils, teachers and parents
  - Awareness raising campaigns with BAME communities across Sandwell. For example, in Q2 of 2023/24 90 people attended a session at Smethwich Gurdwara and 35 people attended a session at the Asian Elderly Association in Blackheath. Flyers were also produced in 5 different

	<p>languages to promote the community dementia support service across our BAME communities.</p> <ul style="list-style-type: none"> <li>○ Awareness raising campaigns with the LGBTQ+ communities across Sandwell.</li> </ul> <p><b>Libraries</b> Libraries and museums offer a wide range of events and activities to support health and wellbeing and are well placed to signpost people to other groups, events or activities to support them</p>
<p><b>Reducing Suicide in Sandwell</b> How can we go about reducing Suicide rates in Sandwell?</p>	<p>Libraries and museums offer a wide range of groups, events and activities to combat loneliness and recently received government funding to support the recruitment of volunteers to reduce loneliness and isolation.</p>