



Black Country Healthcare

NHS Foundation Trust

A new model for community mental health in the Black Country



Together with you to achieve **healthier, happier lives**

The case for change

People with severe mental illness need quicker and better access to services and support, close to the places and people that can help them get better and stay well (their community).

People across the Black Country don't always have the same access to support, and there is not enough specialist support for some conditions. This needs to change.

The mental health services that are available in the community to support people with severe mental illness are transforming. The changes will include:

- **Improving how health, care and voluntary organisations work together to support people**
- **Developing new services or support where it is needed**
- **Enhancing current services**



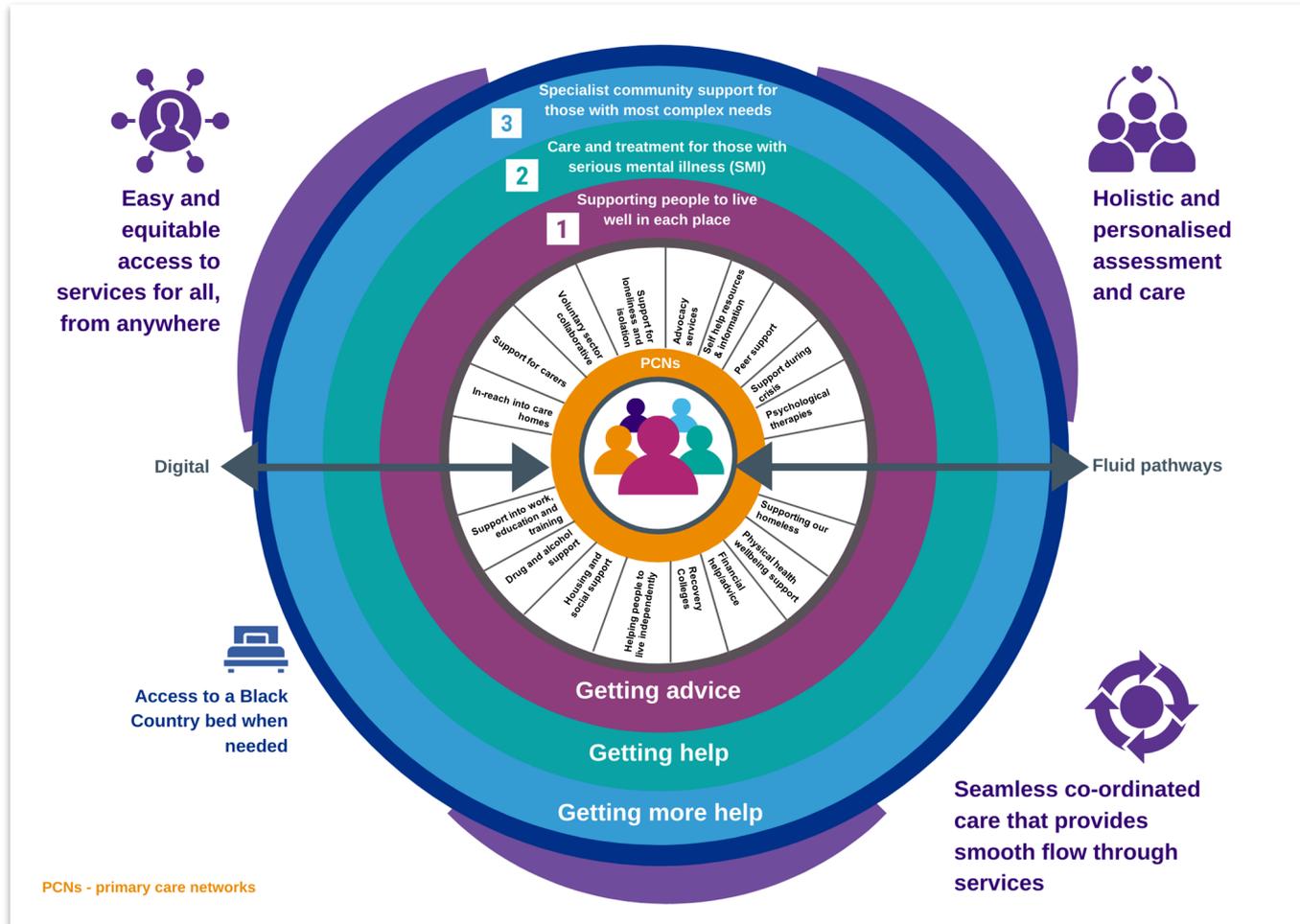
Our aims

We will develop a new community mental health way of working and modernise community mental health services across the Black Country, taking into account the particular needs of our four places (Dudley, Sandwell, Walsall and Wolverhampton).

Our new model will focus on supporting people living in their communities with long term severe mental illness.



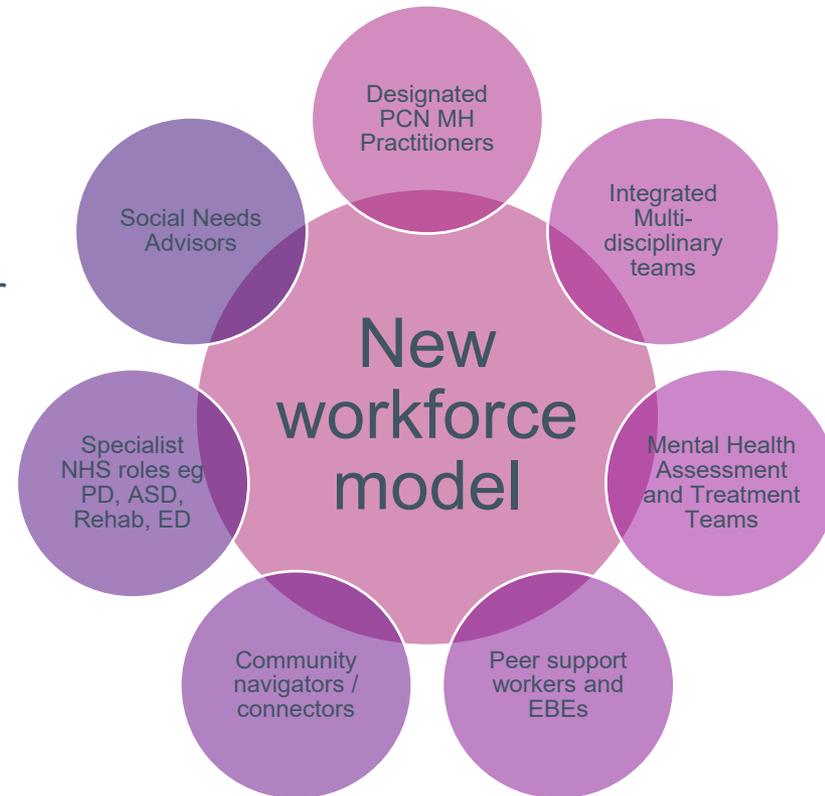
How it will look and feel different



A new workforce model

The workforce to deliver our new model will include new and developing roles being drawn from:

- Existing NHS staff / re-skilled NHS staff
- Existing and new social care staff
- Existing and new community services sector staff
- Existing and new volunteers
- Existing and new peer support workers and experts by experience
- Developmental roles such as apprentices, trainees, junior doctors etc.
- International sources / Fellowship Programme



What this means for how we work with partners



PCN - primary care network
VSC - voluntary sector council

SCMHS - secondary care
mental health service

PCN - primary care network
VCSE - voluntary, community, social and enterprise
sectors



Discharge Funding Spend with Voluntary Sector Partners across the Black Country

The Voluntary Care Sector in all four localities of the Black Country provided proposals on supporting winter pressures in the Black Country through Discharge Funding spend. Each locality's proposal brought together a range of voluntary sector organisations to support Mental Health provision in the area alongside Black Country Healthcare NHS Trust.

Dudley offer



£137k winter pressures monies awarded



Additional support provided:

- Emergency counselling sessions
- Tailored advice and guidance
- Peer support sessions
- Additional mental health support in A&E



Organisations involved:

- Dudley CVS
- What Centre
- The Art of Change
- Lighthouse Counselling
- White House Cancer Support
- Dudley Stroke Association
- Citizens Advice Bureau
- CHADD
- Phase Trust
- Black Country Mental Health Care (previously Dudley MIND)

Sandwell offer



£133k winter pressures monies awarded



Additional support provided:

- Emergency counselling sessions
- Suicide prevention sessions
- Peer support sessions
- Creative therapy both in group and 1:1 formats
- Therapeutic activities
- Specialist counselling sessions around dementia, acquired brain injury etc



Organisations involved:

- The Kaleidoscope Plus Group
- Ideal for All
- Sandwell African Caribbean Mental Health Foundation
- Murray Hall
- Age Concern
- Headway Black Country
- BUDS

Walsall offer



£134k winter pressures monies awarded



Additional support provided:

- Emergency counselling sessions for both young people and adults
- Reach out offer to be promoted to local people to remind of mental wellbeing and support services available



Organisations involved:

- Being lead by One Walsall
- Mind Kind CIC
- Mettaminds
- Rose Tinted Financial Services
- Zebra Access (support for blind, deaf and hard of hearing)
- Believe to Achieve
- Walsall Bereavement Services

Wolverhampton offer



£139k winter pressures monies awarded



Additional support provided:

- Emergency counselling sessions
- Tailored advice and guidance
- Peer support sessions



Organisations involved:

- Aspiring Futures
- Black Country Mental Health
- Engage Trust UK
- Gloucester St Community Centre
- Headway Black Country
- St George's Hub
- TLC College
- WLGBT+
- Zebra Access





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Thank you for
listening, any
questions?



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