

City & Hackney Talking Therapies for Anxiety and Depression - Waiting Times October 2025

Current longest waiting times are shown below. Standard assessments remain on track, though advocacy and step-up transitions are under pressure.

Low Intensity Pathway		
LI Assessment	133 patients	5 weeks
LI Assessment (Interpreter)	42 patients	14 weeks
LI Treatment	39 patients	5 weeks
LI Treatment (Interpreter)	11 patients	10 weeks
High Intensity Pathway		
HIPFA	16 patients	5 weeks
Step up from Assessment	445 patients	21 weeks
Step up from LI Treatment	212 patients	25 weeks
LTC Pathway		
HIPFA	8 patients	6 weeks
LTC step up from Assessment	58 patients	25 weeks
PTSD Pathway		
Step up PTSD	85 patients	24 weeks