

Camden neighbourhoods

Health and Adult Social Care Scrutiny Committee
January 2025



In this report

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Appendix A Elements of the operating model we are trialling through test & learn activity in the East Neighbourhood

Appendix B Portfolio of activities supporting strong local networks and active empowered residents

Purpose of this report

To present the Health & Adults Social Care Scrutiny Committee on the whole Neighbourhoods programme, including the range of activity happening across different parts of the council and the NHS. This work is inclusive of, but not limited to, the emergence of new Integrated Neighbourhood Teams (INTs).

Overview

Camden's vision for neighbourhoods and the high-level operating model



The challenges that Neighbourhoods is trying to address

What we hear from residents and patients in Camden



- Local services are not always collaborating with each other, and people feel like they are passed from service to service.
- Effective joined up working happens in some but not all parts of the system, leading to an inconsistent experience of care.
- Services are not always connected to local networks, meaning opportunities are missed to connect people to the wider offer of community-based support.
- Services are not always present or visible in communities, causing people to be unaware or unable to access support.

Key messages surfacing from the **Camden Health and Care Citizens' Assembly** in 2020, informing the Camden Health and Wellbeing Strategy.

In response, Camden's borough partnership established a **Neighbourhoods programme** that set out deliver a new vision for local neighbourhoods.

The vision for Camden's neighbourhoods

In Camden, people and place lead the way.

We are **accessible** to people where they live and want everyone to be **empowered** to live a good life. Our services to be local, **connected** and built on relationships, **enabling** people to find solutions.

Every neighbourhood includes

1. A well-connected statutory service offer (Council and NHS)
2. Strong local voluntary, community and social enterprise (VCSE)
3. Active empowered citizens

The Neighbourhoods Programme is about connecting and enhancing these different elements to create dynamic local networks that empower healthy, happy and independent lives.

Residents can access many types of services and support in neighbourhoods, but it's not always joined up



Through the Neighbourhoods Programme, we are encouraging services who tend to support similar groups to cluster together and form 'team of teams'

Housing, community safety, repairs, caretakers, estate management

VCSE, community champions, local activities, community partnerships, faith groups, libraries, community centres

GPs, adult social care, district nursing, occupational therapy, care work, mental health, social prescribing

CAHMS, children's services, SEND, early help, health visitors, schools, nurseries

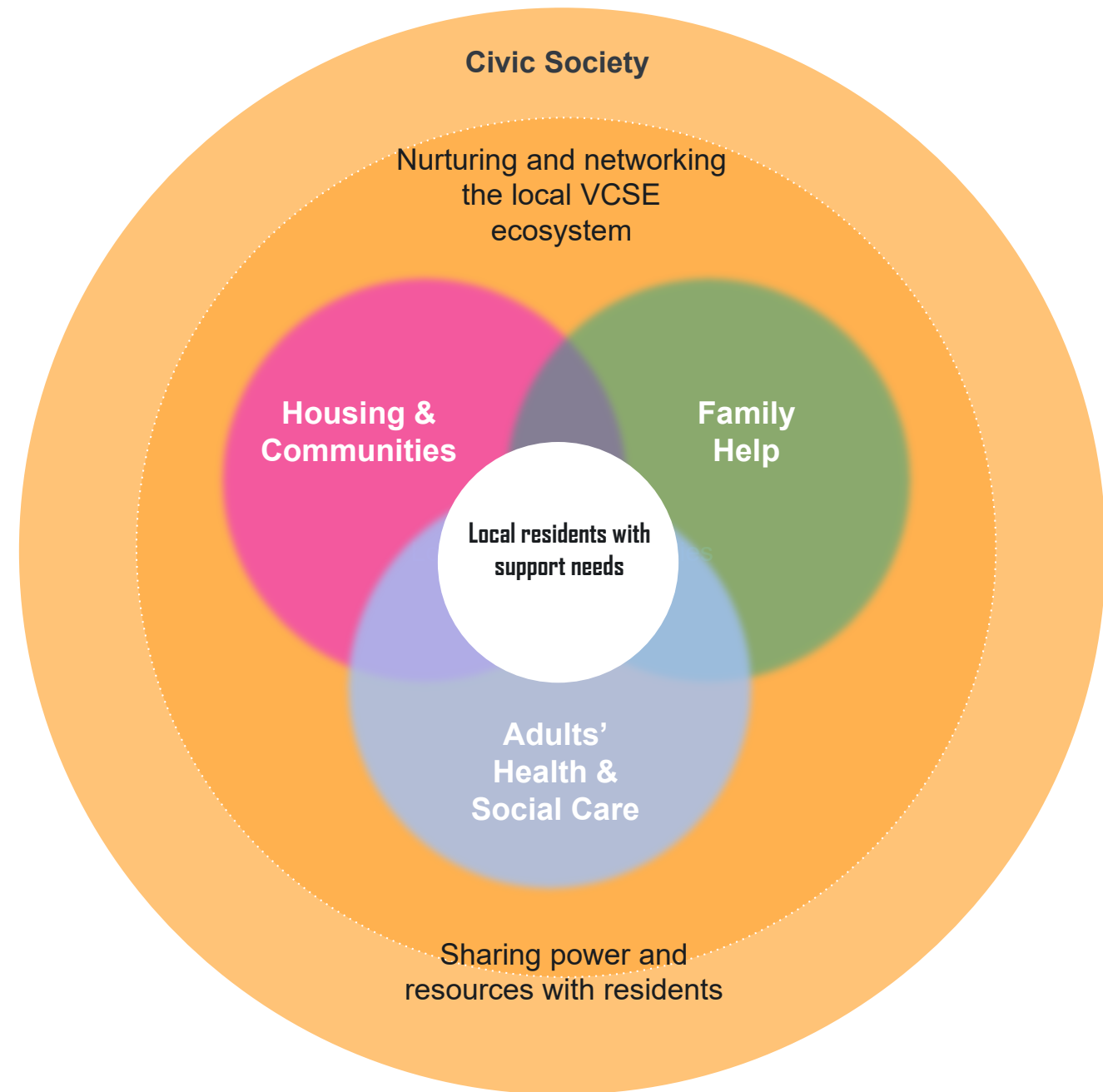
Test & Learn activity in Camden's East Neighbourhood

Through test and learn activity we are breaking down siloes and promoting collaboration within and across council services, the NHS and civic society.

Responding to residents' expectations from the Camden Health & Care Citizens' Assembly -


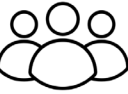





"We should only need to explain our story once"

"Local services should be an active part of the community they serve"



We are designing new operating models that span multiple services in neighbourhoods

Core elements of test & learn activity in the East Neighbourhood.
Further detail in the Appendix A

Structure		Geography	Teams work in support of consistent neighbourhood patches
		Teams	Team members come from multiple services and disciplines.
Resources		Orchestration (£)	A person to convene, build relationships, facilitate meetings, and guide
		Budget (£)	Access to a shared flexible pot of funding for rapid response
		Co-location	Shared office space to sit and work together and build relationships
Ways of working		Collaborative meetings	Regular time spent with colleagues from different services and agencies
		Agency and control	Power to shape their own ways of working in each neighbourhood

The East Integrated Neighbourhood Team test & learn

Went live in Kentish Town Health Centre in October, bringing together

Adult Social Care
(LBC)

District Nursing
(NHS)

Physical Therapies
(LBC & NHS)

Mental Health
(NHS & LBC)

GPs and social
prescribing (NHS)

Drug & Alcohol
Support (CGL)



East INT launch party, October 2024

What is an Integrated Neighbourhood Team?

Integrated Neighbourhood Teams (or 'INTs') are an initiative aimed at bringing together practitioners and staff who deliver health and care services within a neighbourhood. INTs operate at a neighbourhood (locality) level and deliver coordinated care for adults with support needs.

INTs bring together primary, secondary and social care, as well as aspects of community services, to ensure that the support people receive is holistic, strengths-based and builds their independence.

The initial aim is to improve the experience of working in Camden's health and care sector and respond to workforce pressures by embracing more effective and relational working practices. Once embedded, this will lead to improved outcomes and experience for local people who draw on care and support, particularly those with a multiple and complex needs. Longer term, INTs will help shift our system towards early help, prevention and health equity.

The development of INTs was a central recommendation of the [Fuller Stocktake](#), a 2022 report which reviewed primary care services in England.

What INTs look like in practice is still emerging and will differ from place to place. However, they are widely understood to be a key vehicle in the Government's long-term plan for the NHS, it's 'neighbourhood health service' and the proposed 'leftward shift'.

Camden is playing an active role in this national policy agenda.



A Lunch & Learn session at the Caversham Group Practice

Evaluating Impact

What are we trying to achieve through INTs?

We are starting with a test and learn INT in the East Neighbourhood, in and around Kentish Town. We will evaluate whether new and emerging working practices can achieve impact across four outcome domains:

1. **Infrastructure.** More efficient and effective use of local infrastructure and estate, including council and NHS working spaces.
2. **Workforce.** Staff benefit from a collaborative and empowered team culture, embedded within the community they serve.
3. **People.** The people we support have an overall improved quality of life, a positive experience of services and more autonomy over their health and wellbeing
4. **System.** Reduced demand for primary and secondary care services in Camden and a more seamless community-based offer, particularly for those with multiple and complex needs.

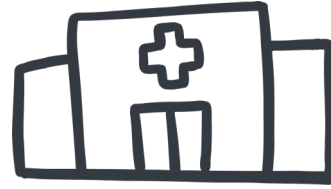
Our testing and evaluation will be phased, focusing initially on our staff, then the experience of residents/patients. The East INT operating model will build incrementally, with new interventions being phased in at the right time for staff and communities.

Early impact will be demonstrated through surveys, interviews and case studies, with performance data monitored across participating services. Closer tracking of residents' journeys will allow us to capture the impact not only on their experience and outcomes, but also on the wider system (e.g. reduced GP and hospital admissions and improved referral processes).

The East INT will inform future models of integrated working in neighbourhoods across Camden and NCL. It will learn from and build on existing examples of integration, including Adult Family Group Conferencing and Complex Care/Frailerly Hub.

So what?

East INT story of difference



Impact: **Early intervention and effective support of those with multiple or complex needs**

"Ms A is in her 50s with complex mental health problems, substance misuse and diabetes is on Dr H's list. We had been trying to get hold of her for some time to assess her diabetic control and eventually she came in, saw our Healthcare Assistant and had bloods and physical checks. The bloods showed her diabetic control was very very poor and this put her at immediate risk. There followed several days of trying to get hold of her, including home visits and contacting the police and ambulance teams. Eventually we got her in and were able to connect her with a worker from the Single Homeless Project who was then able to support her.

The following few weeks were very difficult, with Ms A bouncing in and out of hospital and the mental health system. However, after a lot of discussions with colleagues in primary care, district nursing, mental health and the substance use teams we managed to get things sorted, with the district nurses now visiting nightly to support Ms A with her insulin and prompt her to take her mental health medications.

Dr H saw her again last week and she looks 100% better. She is walking on the Heath every day, taking her medication, eating properly and sleeping well. A's diabetic control is now 64 (down from 155) and she is so much better in herself. This has made her future hugely different. It has also made a very significant difference to how expensive her care is: Before this was in place, she was having multiple short admissions and attendances at A&E which are very cost-ineffective".

GP at the James Wigg Practice – a participating member in the East INT

The East Housing and Communities Team test & learn

Has been operating at Holmes Road Depot for over a year, bringing together



Kick off meeting



A 'working together meeting'



A team retrospective

Housing

Community Safety

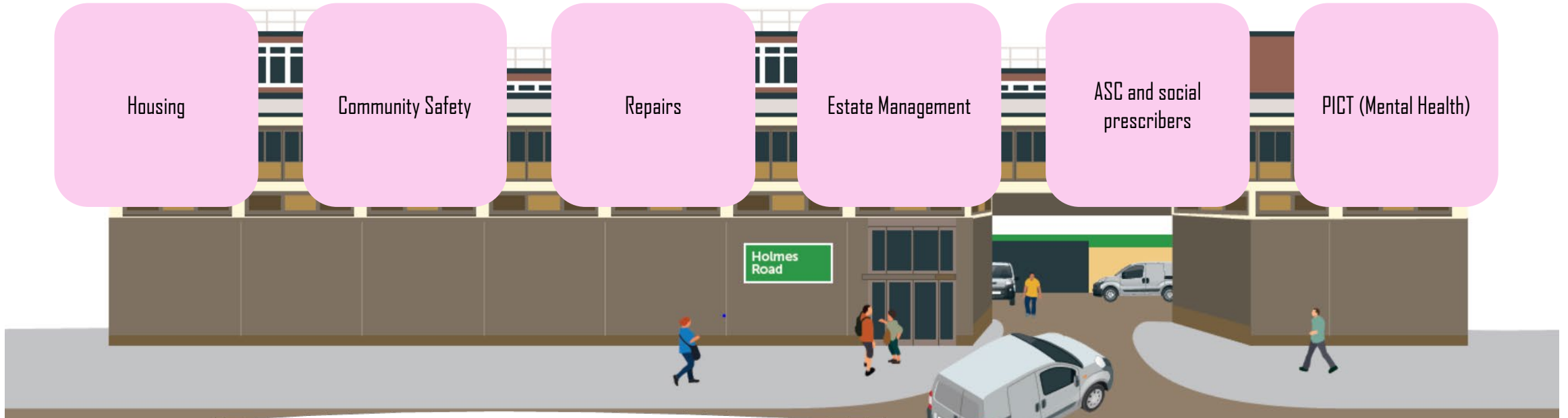
Repairs

Estate Management

ASC and social prescribers

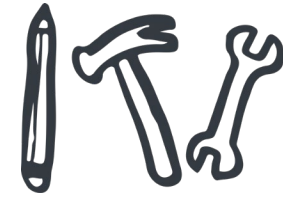
PICT (Mental Health)

Holmes Road



So what?

East Housing & Communities Team story of difference



Impact: Quicker and more effective solutions for the people we support. Preventing needs from escalating.

Mrs S is an older resident living in Kentish Town who recently had the front door to her house replaced in line with fire safety regulations. However, soon afterwards, Mrs S found that the new fire door was too heavy for her to open and close independently. Mrs S was already suffering with several medical conditions that severely restricting her mobility. The new door added to her stress, making it difficult for her to live independently and allow people to visit. She ran the risk of becoming more socially isolated.

Mrs S had spoken of her situation not to housing or repairs officer, but to Christina, a Social Prescriber at Parliament Hill Medical Centre with who she had a relationship.

As part of the test and learn, Christina attends the Neighbourhoods Connect Session, a space for staff from any team or service in the neighbourhood to discuss issues with the East Housing & Communities Team. She brought the case to the team's attention in the hope that they might be able to help. As a result of the conversation, Christina was able to speak directly with Mark, the Repairs Liaison Manager, who called Mrs S that day and arranged an in-person visit. Through working in this joined up way, the Repairs Team were able to quickly change the door and improve the situation for Mrs S.

This simple intervention didn't resolve Mrs S's medical conditions, but it did deliver a rapid response to what mattered most to her - and may well have prevented her needs from escalating. Christina, the Social Prescriber, later described the neighbourhoods test and learn activity as 'transformational'.

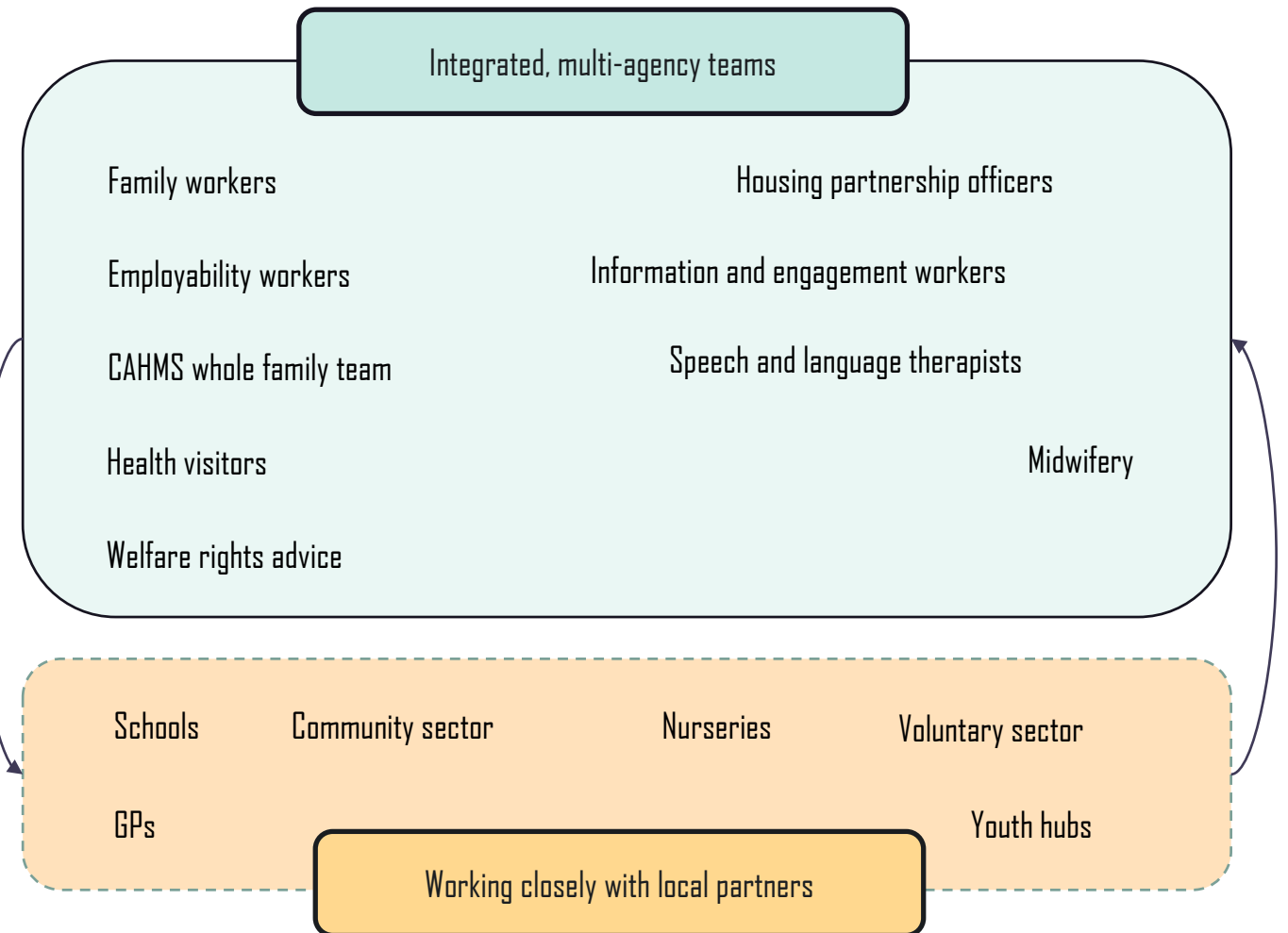
Family Hubs and the emergence of 'Family Help'

Our most mature demonstration of a neighbourhood model



Camden's Children's Centres and Family Hubs emerged from the Sure Start programme and have been operating on a locality model for roughly 15 years, delivering outstanding services to families.

Camden's Children's & Learning directorate is currently developing the concept of **Family** Help across early help and social care child in need casework, connecting these to a Camden neighbourhoods model.



The final part of the programme is arguably the most important.
Building connections and harnessing strengths in the community.

Combining a strong VCSE network

Voluntary Sector
organisations

Community groups and
associations

Schools and GPs

Local business and
providers

Sports, Leisure and
Community Centres

Libraries

With active and empowered citizens

Our approach is to spend time with people, in place

The evidence is clear – when we are physically present in neighbourhoods and commit to building relationships, it plays a crucial role in:

- Demonstrating dedication to a place, helps us to better understand **local challenges**.
- Increases engagement on a **personal level** with residents, groups, organisations.
- This commitment **builds trust**, credibility and a genuine sense of engagement.
- Enables connection of different people, **bringing different** skills, perspectives, connections and experience into the work.
- Creation of **new ideas** and informed decision making from active listening.
- **Empower more people** to turn up and enables actual change.
- Convening partners and residents across sectors to **have one conversation**, across the Neighbourhood.



This work takes **time**. We're getting there.. but can only move at the speed of trust.



We've learnt that Camden has an important role to play in building and nurturing local networks of VCSE organisations



Camden as connector...

Camden has a huge role to play in connecting local organisations and residents.

We understand that Camden are best placed to act as a neutral convener of place, whilst being able to connect, enable and unblock.

We've seen in Kilburn and Kentish Town the value this can play in enabling citizen action within a neighbourhood.



... building networks...

Collaboration and networking have helped to build understanding and reduce competition between organisations.

Organisations are now leaders and projects are now learning from each other and looking for opportunities to work together rather than compete for the same types of funding/residents.

A single organisation does not have capacity to lead this on the neighbourhood scale.



...with residents (next)

We always start in the same place. With the organisations, projects and active citizens in the place – where the strengths are. There are residents that work for local organisations, and are well connected – we can't ignore that

But.. we want to create local roles for residents to be paid to help us communicate, reach further into communities where we aren't best placed.

We want to explore different governance models and ways of sharing power.

Bringing it all together

Looking back: Key programme successes of 2024

Delivering the model

- **We've launched the East INT in Kentish Town Health Centre**, built on a strong foundation of relational working. Bringing together community health, mental health, adult social care and GPs on a regular basis. Social workers, GPs, community nurses and OTs are working together on a day-to-day basis.
- **We've expanded the Housing & Communities neighbourhood team to East**, now testing at a full neighbourhood geography.
- **We've launched the Family Help co-design staff group**, to co-design what Family Help (delivered through Family Hubs) could look like, connecting to the Neighbourhoods model.
- **We've helped launch Kentish Town Connects**, made up of local community organisations, active residents and partners, building a new way of working together with communities in Kentish Town. We've spent time with people, in place through walks, neighbourhood summits and open meetings.

Connecting across the work

- **We've increased connections and awareness of activity within across the different parts of the East Neighbourhood** – with staff from the INT, Family Hubs, Housing services and more taking part in multi-disciplinary meetings and learning sessions. Staff are increasingly working across services and organisational boundaries in support of local people.
- **Council services have formed much stronger relationships with primary care in Kentish Town**. GPs and social prescribers have been active participants in Housing & Communities and INT multi-agency meetings learning sessions. People of work across council and NHS services are learning more about what each other do.
- **We've helped launch the River of Hope project**, alongside with 30+ VCSE partners, showcasing how residents in Kentish Town can stay well this winter. Including the River of Hope fund!

Showcasing our work

- **We've showcased our work** and learning, hosting site visits to multiple audiences – including DfE visits to the Family Hubs, the NHS 10 Year Plan Working Group visit to Kentish Town Health Centre, a full Council Cabinet walk-about and presenting at New Local. Dr Claire Fuller and the NCL ICB executives have visited the East INT on multiple occasions.
- **We've shared our learning** through our new blog series and are honing our key advocacy messages and targets to continue sharing our learning and influencing national policy in 2025.

Bringing it all together

Looking forward to 2025 and beyond.



Embedding and evaluating

- **The East INT in will need time to embed and allow relationships to form.** Continued support and training is required to support colleagues from across health and social care to work together effectively in neighbourhoods.
- **New interventions will be tested.** Staff will continue to shape how they work together, including through multi-disciplinary working and by building a shared identity. A preventative intervention will be designed in response to a specific health need that is prevalent in the East neighbourhood.
- **Learning and evaluation** will happen in lock step with the development of the INT operating model, with partners monitoring impact on an ongoing basis: assessing impact against infrastructure, workforce, people and system.
- The Council's Health and Wellbeing Department will deliver a comprehensive evaluation of the East INT in early 2026.

Deepening relationships

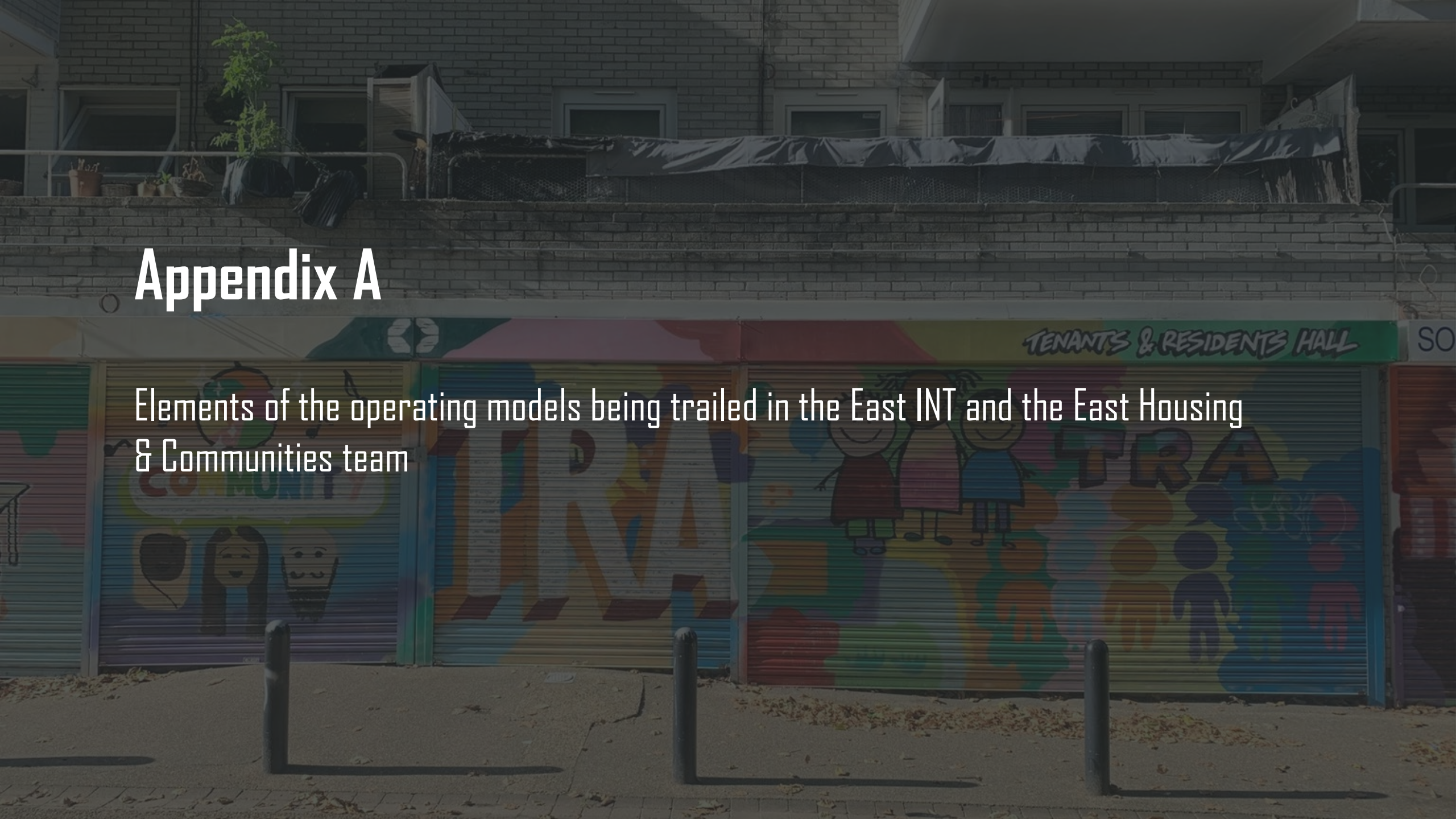
- **Horizontal integration** will continue to be promoted across all statutory services that deliver at a neighbourhood level. Including strengthening connections between the East INT, East Housing & Communities team and local Family Hubs and Childrens Centres. Additional focus on mental health services, care agencies and the VCSE.
- **Vertical integration with primary and secondary care.** The East INT will continue to strengthen new connections with the GP and community pharmacy offer in the East Neighbourhood and explore opportunities to connect with secondary care hospital-based services.
- **Deeper connections between services, communities and the people who draw on care and support.** Continue active listening with residents and communities, ensuring the Neighbourhoods model is designed with local people and in response to their needs. Interventions will be co-designed with Kentish Town Connects and service users.

Scaling the model

- **Scaling the model to other neighbourhoods.** While we need to learn and evaluate the activity in the East, there is a call to scale elements of neighbourhood working elsewhere in the borough simultaneously. Previous work to reshape local services onto the five neighbourhood footprints can enable this change to happen more quickly.
- **Key partnership decisions** will support the emergence of neighbourhood teams in other Neighbourhoods, with consideration of strategic estates planning (for co-location), management and leadership, and learning and development.
- **We will continue to employ a test and learn approach** giving staff and communities the tools to create their own neighbourhood model. Camden will continue to collaborate closely with the NCL ICB and respond to directions within the governments 10-year plan for the NHS.

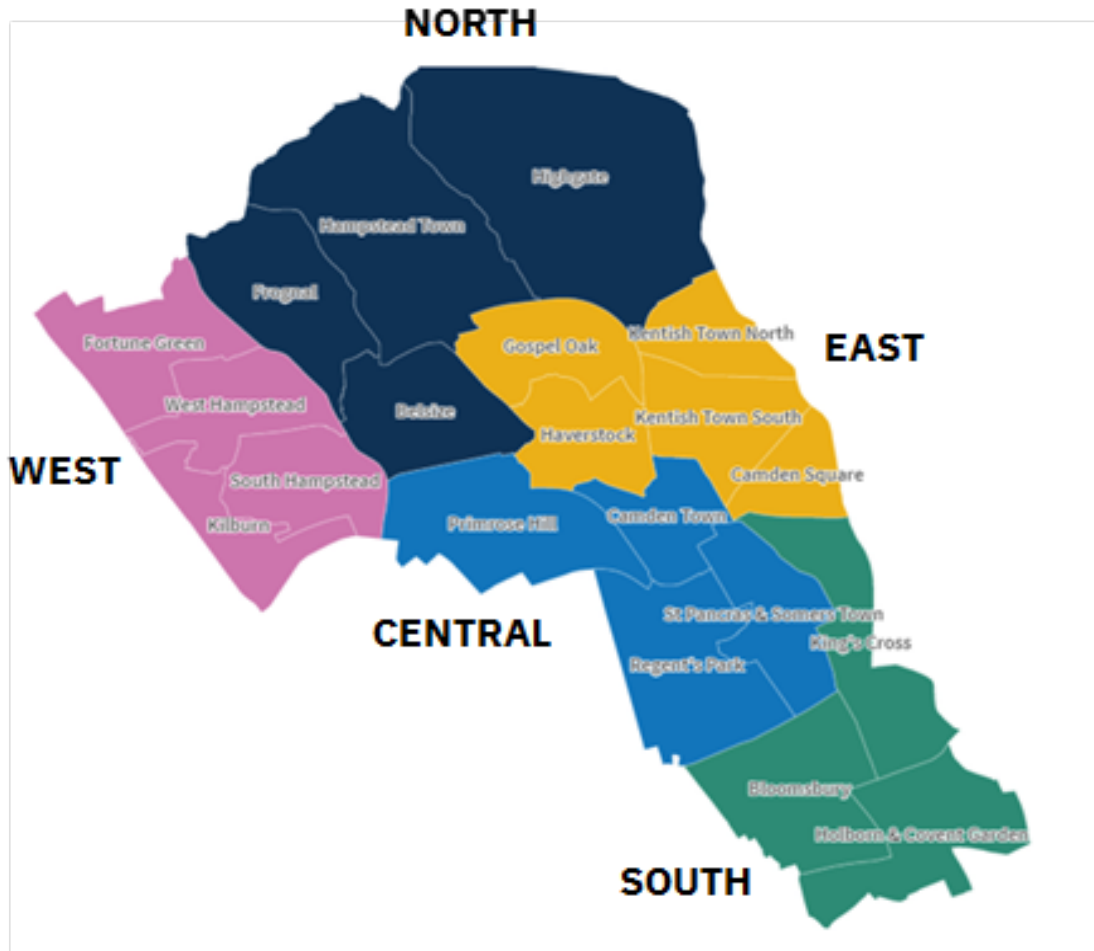
Appendix A

Elements of the operating models being trailed in the East INT and the East Housing & Communities team



Geography & teams

Each neighbourhood has a variety of teams who come together in support of the local population



Camden Council and local NHS organisations increasingly recognise five neighbourhoods and plan their services in alignment*

- **Adult Social Care** realigned Support & Safeguarding, becoming Adult Social Care Neighbourhoods.
- **Camden Integrated Community Health** (CNWL NHS Trust) realigned to the five neighbourhoods.
- **Housing** is realigning onto the five neighbourhoods.
- **Mental Health** (North London Foundation Trust) teams are realigning their three locality areas that overlay the five neighbourhoods.
- **GPs** have demonstrated flexibility and willingness to work across PCNs, building strong ties with the council and other services.

The changes are providing the platform for integrated teams to come together and sustain in neighbourhoods.

*Note that not all council and NHS services, including GPs, will align their teams to the five neighbourhood footprints. Smaller teams will continue to work borough-wide or at system level but connect better with neighbourhood teams.

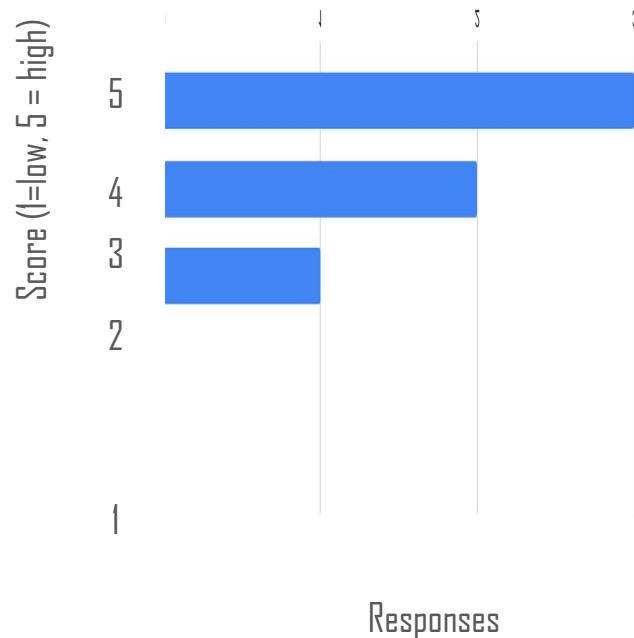
Orchestration

A critical success factor for integrated teams

Investment in system integrators who convene partners, build relationships, facilitate meetings, and curate the strategic direction of the work.

Staff survey

"How useful do you see the Strategy Team in this piece of work?" N = 6



Staff retro

"You're our therapist, **the glue that keeps us together!**"

"Having Alice involved and overseeing the Kentish Town pilot has been **key in allowing managers from differing services to remain open minded to cross team working** and has also encouraged input and collaborative working from external providers."

Findings from discovery work

"(Leaders of integrated teams) require different skills....(including): 'inspiring intent to work together', 'creating the conditions', 'balancing multiple perspectives', 'working with power', 'taking a wider view', 'a commitment to learning and development' and 'clarifying complexity'.

Source: [Journal of Integrated Care, 2021](#)

"Transformation programmes require leaders with grit, resilience and credibility"

Source: [Social Care Institute for Excellence, 2020](#)

Budget

A devolved budget that empowers staff to use their judgement and act quickly

Devolved budget

A devolved budget has been trialed within the East Housing and Communities team at Holmes Road

- **Purpose:** Empower frontline staff and team managers to respond quickly to issues they see on the ground, address problems before they escalate and fund novel interventions with spillover benefits.
- **Process:** Team members propose ideas; team managers choose which ones to approve
- **Size:** Initially £10k in Kentish Town, now £25k
- **Funding model:** Short term ad-hoc payments from Housing Services (for test and learn purposes only)

Stories of difference

Buying carpets to support cohesion

There was an ongoing neighbour dispute about noise complaints in a communal stairway. The budget was used to add thick underlay and industrial carpet resolving the dispute before it escalates and stopping the members enquiries.

Clearing a flat

Whilst a resident was in hospital with a long-term illness their property was taken over and used as a Cannabis factory. Neighbourhood Housing Manager was able to access the budget and ensure the clean-up of the property before the resident returned to their property, meaning that Camden did not have to find them alternative accommodation and the resident could return to their property smoothly.

Co-location

Staff from different teams share office space and form closer ties. Working within walking distance of the people who draw on their care and support.

Co-located teams in the East Neighbourhood

For the East INT, council social workers and NHS health practitioners work alongside each another every day. They are based upstairs from a large GP practice and have improved access to other practices based in the area.

Staff from the East Adult Social Care team have spoken on the benefits of working close by to the people they support.

At Holmes Road, Housing and Communities Teams sit together on Wednesdays and Thursdays. This has included Neighbourhood Housing Officers, Caretakers, Repairs Liason Team and Community Safety.

'Tap on the shoulder time' from 10-11am on Wednesdays, is an agreed time where all staff are available to each other for information and advice.

"My commute to work is longer than before but I don't mind, I want to be here, working close to people. This is real. This is why I became a social worker".

Social Worker, Adult Social Care

"It's been amazing having such easy access to adult social care. It's already made such a difference. I'm telling my friends in the other teams!"

District Nurse, Community Health

"Working face to face creates empathy and helps us to understand resident voices more."

Repairs Liason Officer

"This allowed you to get to know the whole team, other teams. Finding out what the actual roles are, how they can support in the work, building up relationships, better partnership working, being able to collaboratively share ideas, move those stuck cases or resolves some of those stuck cases, being able to signpost."

Neighbourhood Housing Officer

Collaborative meetings

Multi-agency meetings that enable joint casework, shared learning and support

Different multi-agency meetings, for different purposes across neighbourhood settings	
'Working Together Sessions'	<p>Working together meetings bring together staff across teams to work through complex cases that feel 'stuck', requiring:</p> <ul style="list-style-type: none"> • Experienced perspectives from across agencies • Support from colleagues to manage risk whilst working a relational way with residents experiencing complexity
Fortnightly learning sessions	<p>Lunch & Learns are providing an opportunity for staff to learn from about NHS and council services who deliver support locally. VCSE and local partners also present, helping to build a collective knowledge of the wide range of support available. These sessions are very popular and help to demystify different disciplines, spurring conversation about how teams might work together and close the gaps between their services.</p>
Neighbourhood Connects	<p>Neighbourhood Connects meetings enable staff from anywhere in the local system to talk directly to Housing and Communities colleagues about the cases they are supporting. For example, social prescribers from local GP practices often attend the monthly Neighbourhoods Connects meeting at Holmes Rd and have described them as 'transformational'.</p>

"It's been a great experience and has definitely helped lighten my workload as some problems have been easier to resolve by working together"

Neighbourhood Housing Manager

I just wanted to say I really enjoyed the 'lunch and learn'. It was so interesting to hear all about physical therapies. I enjoyed how everyone sat in a circle, it was a relaxed space to listen and share... It was good to meet in person, ask questions and learn from each other.

Social prescriber, the Brandon Centre

"It allows you to get to know the whole team, other teams. Finding out what the actual roles are and how they can support in the work... building up relationships, better partnership working, being able to share ideas, move those stuck cases or resolve some of those stuck cases, being able to signpost."

Neighbourhood Housing Officer

Agency A 'test and learn' approach ensures that staff are shaping their new ways of working. They have the control.

Our **test and learn approach** begins with active listening to residents, patients and staff about their experience engaging with or working in our health and care system.

It is allowing teams to respond to challenges quickly by experimenting with different ideas, establishing new ways of working and testing them out. We then use those insights to adapt and improve.

Monthly learning cycles and 'retrospective sessions' allow test and learn activities to become a regular part of teams' working patterns. New ideas are reviewed and changed until they are either stood down or embedded in the neighbourhood operating model.

"For integration to thrive, system leaders will need the courage to devolve power to frontline teams, only then will truly creative solutions emerge."

Nuffield Trust, 2024

What's next

In 2025, the East INT will use 'population health management' approach to develop a preventative intervention in response to a specific health need prevalent in the East neighbourhood. The intervention will be designed, tested and evaluated by the neighbourhood as a whole; including services, VCSE partners, communities and people who draw on care and support.

"I feel more empowered to talk to people and share ideas, collaborate and get things in the right direction."

Caretaking Officer

"What's good is that we can always test it out differently next time."

Consultant Psychiatrist commenting on the methodology trialled in East INT Working Together Session

Appendix B

Portfolio of Council activity supporting strong local networks and active empowered citizens in the East neighbourhood



Walkabouts and events

A series of citizen and organisation led walkabouts exploring the local neighbourhood social infrastructure in Kentish Town.

An open, inclusive opportunity to connect with new people, visit places and spaces leading projects and find mutual areas for collaboration. Walks focused on:

- Health,
- Interesting Places,
- Urban Greening,
- Sustainability,
- Selection of Estates

We've had between 10-30 community leaders and residents joining each of the walks. We've created ways for people to enter places before, with permission to learn more.



Don't forget.. Pizza Party at Rhyl School, open the doors to social spaces, for people to connect, understand how to access the space and share food, stories and opportunities. 30 people joined us!



Kentish Town Summit

An evening event on 8th May 2024, for community leaders with an interest in the future of Kentish Town. Attendees including NHS partners, Councillors, VCS and active residents.

Hosted at the Greenwood Centre with inspiring speakers from 8 community led projects and hosted by Naomi from HomeStart. Attendees joined to help shape future priorities and get involved in upcoming projects. We shared food from a local café and had chance to connect outside of workshop sessions.

Following this, we've had two follow up conversations with 16 key partners about where we go next...



1st

Ever Nhood Summit

71

total attendees

8

Organisations helped design the event!



Peckwater Estate

Resulting from an Estate Action Day and following deliberative conversations with citizens, we are working in a new partnership between NWS Project, Kentish Town Community Champions, Peckwater Resident Association and Camden Council to deliver citizen led action in two areas:

1) The Hall

Open every Thursday for free, for everyone, activities in the Peckwater Estate Hall. Things like community meals, coffee mornings, fitness sessions by a local resident, educational classes i.e. local GP practice running a menopause session for Bengali women and Khadys Dream providing youth workshops on the criminal justice system.

3 Things we want to achieve:

- Offering free, open and fun community events.
- Provide chance for residents to meet their Neighbours.
- An open and accessible space to meet, share ideas and feel part of wider community.

2) The Pitch

We're working to renew the football pitch surface, for a few reasons:

- Safety risks and increase in ASB
- Arsenal in the Community withdrew last year.
- Re-occurring priority from residents – adults, parents, women, young people.

We've confirmed 50k funding from the local District Management Committee. We are also working alongside Mission Ambassadors and partners, Arsenal and Adidas, to match this funding and provide weekly sessions for families and young people.

KENTISH TOWN COMMUNITY EVENTS

OPEN AND FREE FOR EVERYONE
Peckwater Estate Hall, Peckwater Estate, NWS 2UD

Thursday 23rd May
Stop and Search Workshop for community youth - Refreshments and food will be made available - Everyone is welcome.
4.00pm - 7.30pm

Thursday 30th May
FAMILY ACTIVITIES CLASSES
- All levels and abilities welcome. Come along and have fun together
1.00pm - 3pm

Thursday 6th June
Community Meal with financial services guidance - open to all. if you need some advice on financial support please come along.
3.00pm - 6.00pm

For more information please contact: Sharley from NWS Project at: 078251464336 or Abdul@elfridcamden.org.uk or call 07979756970

Camden NWS PROJECT COMMUNITY CHAMPIONS KENTISH TOWN

WOMENS FITNESS CLASS + COFFEE MORNING

Open to all levels

FREE

Join us for our free weekly fitness classes designed for all levels, interests and abilities. Bring your children along too.

Day: Every Thursday	Time: 9.30 am - 10.30 am Coffee 10.30am - 11.30am	Where: Peckwater Estate Hall, Peckwater Estate, NWS 2UD
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For regular updates and to join our whatsapp group contact Sharley from NWS Project on 07309639136 or Abdul@elfridcamden.org.uk or call 07979756970

Camden NWS PROJECT COMMUNITY CHAMPIONS KENTISH TOWN

Meet your neighbours! Improve the community

WELCOMING EVERYONE IN THE KENTISH TOWN COMMUNITY TO ATTEND OUR

COMMUNITY BBQ

JUNE 27 2024 • 3:00 PM ONWARDS

Arts and Crafts, Music, Bouncy Castle, Free Food!

Peckwater TRA Hall, Peckwater Estate, NWS 2UD

FREE FOR ALL • FOOD FROM 4PM
HALAL AND VEGETARIAN FOOD AVAILABLE

Camden NWS PROJECT COMMUNITY CHAMPIONS KENTISH TOWN

Peckwater Estate

How would you like to change where you live?
Write your views down on a post-it note and stick it on the map of your estate below.

Annotations on the map:

- Caretaking required - particularly on stairs and lifts
- CCTV installation and lighting needed on the estate
- Overcrowding needs to be addressed
- More youth activities are needed
- Green space management and development required
- Enforcement needed for incorrect parking
- Community Safety and patrolling to be implemented
- Resurfacing and further funded needed for pitch/football
- Dog fouling and control needs to improve
- Smoking within the building needs to be stopped

camden.gov.uk/estate-action-days Camden

Social prescribers

Every month, Social Prescribers from 4 GP practices based in the East Neighbourhood have been attending joining multi-disciplinary meetings that were not previously available to them. Here they have gained support and guidance, for example relating to housing queries raised by patients they are supporting. This has had a range of benefits:



Face to face working with Camden Officers

The Social Prescribers and Camden Officers said that working in this setting had helped save time, create empathy between the SPs and housing officers and ensure that resident voices are heard. The team reiterated several times the importance of keeping these sessions in person.



Giving residents realistic expectations

The Social Prescribers felt that they were able to influence on Camden's behalf now, to give residents a realistic and clear picture of Camden's services. They are able to speak confidently to residents about different issues and challenges in Camden's housing system to lower expectations.



Increased understanding of the housing landscape

The Social Prescribers understand how to access relevant health, care, housing and repairs contacts for Kentish Town and these relationships have been continued outside of the meeting setting. A new line of communication between GPs and council services has opened up.

Kentish Town Connects

Open meetings :

- 8 weekly, Neighborhood focused get togethers.
- Camden role as a convener in a place, using our powers to pull people together.
- Open to everyone who lives, works and travels through Kentish Town.
- Attendees have an interest and energy to get involved in projects.
- Provides an opportunity to hear introductions to council projects, as well as share community-based projects.
- Provides chance to connect and network outside of the workshop time, learn more about each other and how we could collaborate.
- We want to open the door to more residents.

First Meeting. 11.09.2024

- Agenda: Purpose, Aims and Principles, River of Hope, Kentish Town Neighborhood Space.
- Attendees: 32 from a range of Voluntary Sector, residents, schools, GPs, Council.
- Next: November 2024, January 2025.



KentishTown CONNECTS

Purpose

To build a new way of working together in Kentish Town. Guided by relationships, committed to openness and driven by action. We want to collectively prioritise and deliver new community-led projects for the benefit of residents, organisations and everyone within Kentish Town.

Aims

- **The Network:** to have a well-connected group of organisations, citizens and statutory services. Meeting regularly, sharing knowledge, insight and enabling action, locally.
- **Our Community Governance:** exploring new, different models of how local decisions are made, priorities are agreed, and money is spent. Giving local people a voice,
- **Finding Neutral Spaces:** developing spaces to come together, meet new people in the neighbourhood and trial new projects.
- **Support Local projects:** Get behind local projects, providing energy, ideas and support to help meet local needs, now and in the future.
- **Health & wellbeing:** prioritise everyone's health and wellbeing in all aspects of the Good Life Camden themes; safety, equality and health.

Principles

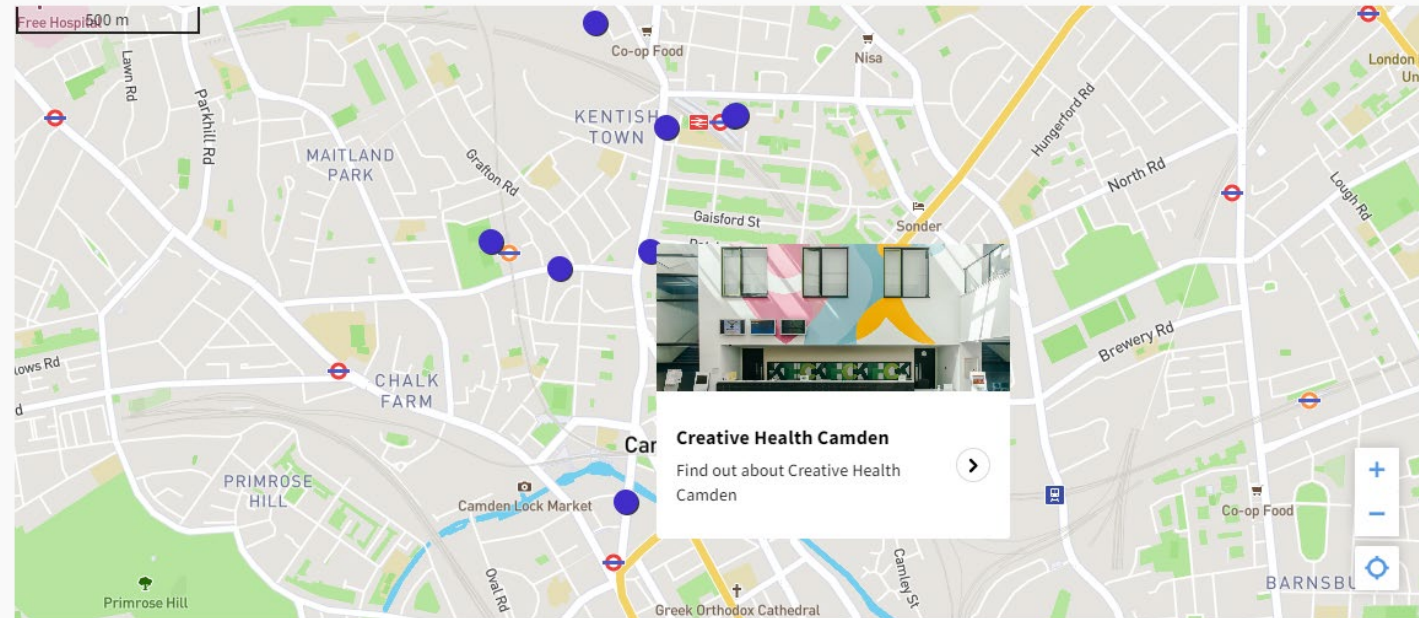
- ★ **Relationships:** we will harness the power of interpersonal connection within the network. Setting the foundations for all our work and below principles.
- ★ **Openness:** we will always work in the open, everyone is welcome with as much time, energy or ideas they are able to give.
- ★ **Trust:** we will only move at the speed of trust. Rebuilding trust as we go. When we are confident in our joint ambition and resource to make realistic impact or change.
- ★ **Collaboration:** we'll always develop our ways of collaborating. The structure of how we work together will be flexible, grow over time and adapt to the range of skills and experiences in the network.
- ★ **Ambiguity:** we are comfortable with different views, range of experiences, varying levels of knowledge, interests and ways of being. We can navigate tension, into productive action.
- ★ **Power:** we want to shift power imbalances in the neighbourhood, giving everyone the opportunity to be an active citizen.

River of Hope

The River of Hope provides an opportunity for all the grassroots community organisations to come together, link arms and make connections in our common endeavors to help to create the conditions for good health, locally. This year's theme is asking us *'How can we winter well?'* This year includes:

- Online/offline maps showcasing local places, ability to share and read stories and newsletter functionality to share events and projects.
- Alongside, this we 8 pillars of Health advice and recommendations which are:
 - o Nourishing, Moving, Learning, Creating, Giving, Connecting, Resting and Sleeping.

RIVER OF HOPE ORGANISATIONS



Kentish Town Neighbourhood Space

What If...

...the Kentish Town Neighbourhood Space was co-created by local people?

Which tested bold ideas and new ways of doing things for the council and local people..

...and supported Kentish Town communities to live healthy, thriving lives?

